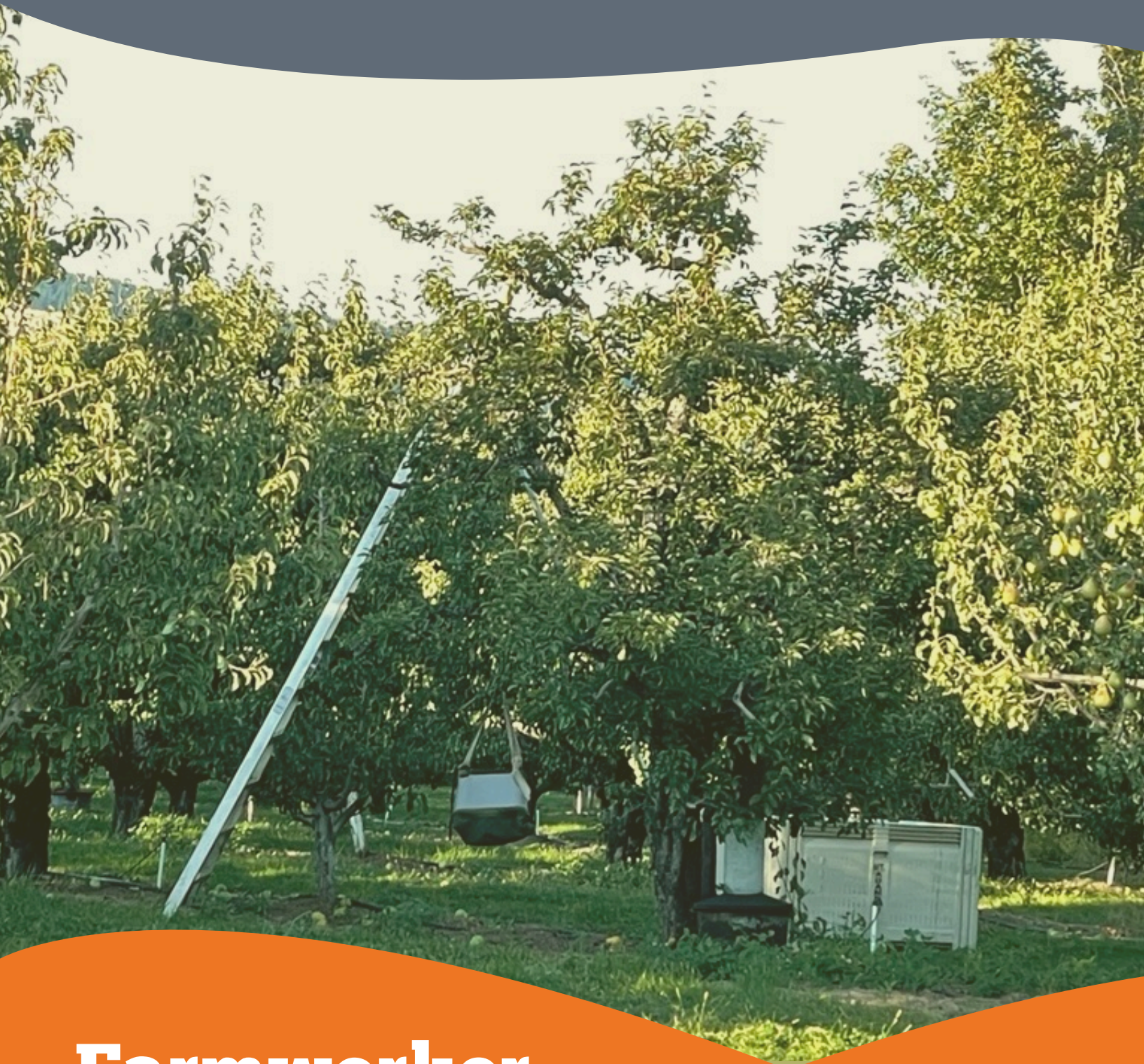




One Community Health

MEETING PATIENTS WHERE THEY ARE



Farmworker Health & Wellness

Have a Safe and Healthy Harvest



Did you know that One Community Health started as a Migrant Health Center in 1986, originally named La Clinica del Cariño!

For more than 35 years, One Community Health continues to deliver healthcare services to growers, food processing facilities, farmworkers and their families.

With our bilingual outreach team and mobile clinic, we bring healthcare directly to you, saving time and inconvenience. This helps overcome transportation challenges for your employees and decreases work absences. We also offer healthcare services at our clinics located in Stevenson, White Salmon, Hood River, and The Dalles, with special services available to farmworkers.

Use this guide to help you decide which services are right for you and your employees.



One Community Health

BENEFITS OF A HEALTHY WORKFORCE



HEALTHIER STAFF

Preventative services are proactive investments in the longevity and quality of life of your team and workforce over time



REDUCED ABSENTEEISM & IMPROVED WORK PERFORMANCE

Taking care of your team's health will result in fewer sick days and workplace injuries. Better health = Better Work



LOWER COSTS

Early detection of health issues, results in reduced Workers' Comp claims and unnecessary emergency room visits



SAFER WORKPLACE

Health and safety trainings can reduce injuries and we can support with at-home first aid options before.



One Community Health

Clinical Services



Mobile Medical Clinic

Our Mobile Health Clinic, *La Clínica*, provides immediate and accessible healthcare services at locations throughout the Gorge. *La Clínica* can visit your orchard or packinghouse to provide the following services to your employees:

- Visits with a medical provider for acute and chronic health concerns
- Urgent and Wound Care
- Referrals to specialists if further evaluation or treatment is needed
- Testing for COVID, flu, diabetes, STDs, and other common health concerns
- Treatment for wounds and injuries
- Health Physicals
- Access to substance use support and medications



Illness Prevention

A viral illness like COVID-19 or the flu can cause employees to miss valuable work days during harvest.

We provide vaccines that can help prevent common viral illnesses; Flu, COVID-19, Tetanus, and other diseases.

We can also offer COVID-19 screening and testing during employee orientation and training sessions, and have free COVID-19 test kits available for farmworkers.



One Community Health

Clinical Services



Behavioral Health Services

We offer free or low-cost mental health support from bilingual counselors. Our counselors can help with:

- Reducing anxiety and depression
- Grief and loss
- Managing stress
- Improving sleep
- Coping with an illness or injury, and much more!



Diabetes Care

Diabetes is a common disease, and can cause serious health issues. Workers with low or high blood sugar are in danger of fainting, going into shock, and needing to be hospitalized.

We have a specialized diabetes care team that can help farmworkers manage their blood sugar through education, screening, and medication management, including low-cost or free diabetes medications.



Dental Care

We offer dental care for everyone, regardless of insurance status or ability to pay. Most farmworkers qualify for our sliding scale discount program, allowing them to get free or low-cost dental cleanings, exams, extractions, and other needed care.

We also offer daily walk-in emergency dental care for anyone in the community. Dental services are available at our The Dalles and Hood River locations.



One Community Health

Training & On-Site Education



If there's another topic that you're interested in, please ask!

On-Site Education

Our knowledgeable Community Health Workers can provide a variety of interactive education sessions for your employees. These sessions are tailored to your needs, providing your workers with the knowledge and tools to stay healthy during the harvest season.

We can offer the following sessions and more information on the following pages:

- Maintaining mental health
- Diabetes and chronic disease prevention
- Heat Illness Prevention
- Good oral health and preventing pain and common dental issues
- Respiratory illness prevention
- Injury Prevention and treatment

Interpreting Services*

Interpreting services help bridge the language gap, promote a safer work environment, and demonstrate respect for the diverse workforce that is vital to the agricultural industry.

Providing interpreting services for safety trainings and agricultural work is essential for native Spanish speakers to ensure:

- Clear communication
- Understanding of critical information
- Accident and Injury prevention



Ensuring everyone fully understands safety procedures is not just a matter of compliance - it's a matter of protecting lives.

Often times, Agriculture work involves operating heavy machinery, handling chemicals, and performing physically demanding tasks—each carrying significant risks if safety protocols are not properly followed.



One Community Health

Training & On-Site Education



Scan to make an appointment with a PCA today!

Health Insurance Enrollment

Cost can be a major barrier to health care. We are here to help your employees understand their health insurance options and the financial assistance available to them.

Every situation is different, and our Patient Care Advocate's (PCA) enroll and assist for both WA and OR Medicaid: Apple Health and Oregon Health Plan.

We also support with Sliding Scale Discount applications, Medicare Savings Programs, Healthier Oregon Program and more.



Know Your Benefits

Not only are we here to help your employees understand their health insurance options and the financial assistance available to them, we can also support your employees on How to use their newly approved benefit.

- Medical, Dental, Vision coverage
- Financial Assistance
- Pharmacy and discount options



Injury Prevention and Treatment

Our Mobile Medical Unit offers a dedicated space to address acute medical needs, wound care, and more.

You can also bring us on at your next Orientation or Safety Training day, and we can speak towards injury prevention and safe work practices. Additionally, our team can offer guidance on managing common strains and aches at home—issues often associated with the physically demanding nature of agricultural work.



One Community Health

Other Services



The Dalles Express Clinic

Our Express Clinic is open to everyone in the community, and is a great option for farmworkers. Simply call the main phone number to be set up for a **same-day appointment**.

The Express Clinic should be used for acute health problems like minor injuries, colds, flu, and rapid screenings. With shorter visits, we have a faster turnaround time to get in, be seen, and treated.

A true *Express* experience!



Farmworker Walk-In Clinic - The Dalles

We offer special walk-in hours at The Dalles Clinic to provide access for farmworkers.

Farmworker clinics start **June 17th and end July 31st**
Tuesday's and Thursday's from 3pm - 6pm

Farmworkers can see a provider for any health concern, including chronic diseases like diabetes.



Pharmacy - The Dalles

OCH Pharmacy is now open to patients! We have a physical pharmacy you can walk-up to in The Dalles Clinic. Helps support patients not having to go to another pharmacy for prescription fills.

Hood River will soon be set up to provide prescriptions to patients via a Locker system.



One Community Health

Partners in Community



Bridges to Health

Our Bridges to Health (B2H) community health workers can connect your employees to community resources for food, housing, transportation, and applications for financial assistance. B2H is a program of the Columbia Gorge Health Council, and provides coordination of resources for many people in our community.



Connected Care for Older Adults

Our services include support for our aging community. Agriculture has long been a multigenerational field, where older and younger family members often work side by side. Many older workers continue to play active roles on farms, bringing invaluable experience and continuity.

Our services are designed to support this aging community, ensuring they can continue contributing meaningfully.



Vision Clinics

We partner with **EnvisionEyeCare4All**.

Regular vision exams are essential for farmworkers, good vision directly impacts productivity, safety, and quality of work. Undetected vision problems can lead to accidents, reduced efficiency, and long-term health issues. Providing access to vision exams helps protect workers' well-being and supports a safer, more effective agricultural workforce.

They also help provide eye wear, eye drops, and other resources that support eye health!



One Community Health

Partners in Community

Together, we can provide essential services and resources that acknowledge the challenges, dedication, and unique barriers faced by these hardworking families.

With your support as an employer, you play a vital role in helping Farmworkers and their families access the assistance they need—ensuring they remain healthy, supported, and able to continue their vital contributions to our agricultural industry.



Migrant Education for Farmworker Children

Focuses on supporting students aged 3-21 who move frequently due to their family's work in agriculture, fishing, or forestry in Wasco, Sherman, and Gilliam counties. This program aims to help these students overcome the educational challenges associated with their migratory lifestyle, ensuring they can succeed academically and graduate from high school.



Oregon Child Development Coalition

Local non-profit organization that provides early childhood education and care services to children and families in The Dalles, Hood River, Odell, Parkdale, and across Oregon.

OCDC provides services specifically for children of migrant and seasonal farmworkers, addressing their unique needs during the peak agricultural season. Also offers parent education programs to support families in preparing children for kindergarten and promoting overall family readiness.



Workforce
Development

Oregon Human Development Coalition

OHDC has important programs for migrant and seasonal agricultural workers that help them to improve their job skills, and achieve economic self-sufficiency. The program also helps to improve the quality of life for agricultural workers and their families.

The Youth program helps students who were agricultural workers or the dependent of an agricultural workers pay for college/vocational, apprenticeship studies tuition and fees.



One Community Health

Take the Next Step

Reach out to us! Whether by email, filling out our online form, or giving us a call, let us know what we can do for you and your employees this harvest season.



outreach@onecommunityhealth.org



541.512.7922



[onecommunityhealth.org/
employer-support](https://onecommunityhealth.org/employer-support)



Scan with your phone
to complete our request form



One Community Health



One Community Health

Hood River Clinic

849 Pacific Ave.
Hood River, OR 97031
541.386.6380



Medical care



Dental care



Behavioral health



Insurance enrollment

The Dalles Clinic

1040 Webber St.
The Dalles, OR 97056
541.296.4610



Medical care



Dental care



Behavioral health



Insurance enrollment

Express Clinic

1010 Webber St.
The Dalles, OR 97058
541.386.6380



Medical care



Immediate care

White Salmon Clinic

65371 Highway 14
White Salmon, WA 98672
509.493.2133



Medical care



Behavioral health



Insurance enrollment

Stevenson Clinic

875 Rock Creek Drive SW
Stevenson, WA 98648
509.427.4212



Medical care



Medical care



Immediate care



Insurance enrollment

La Clínica

Mobile Medical Clinic
[Check online for Locations](#)
541.386.4553

Contact Outreach to come to your location!